

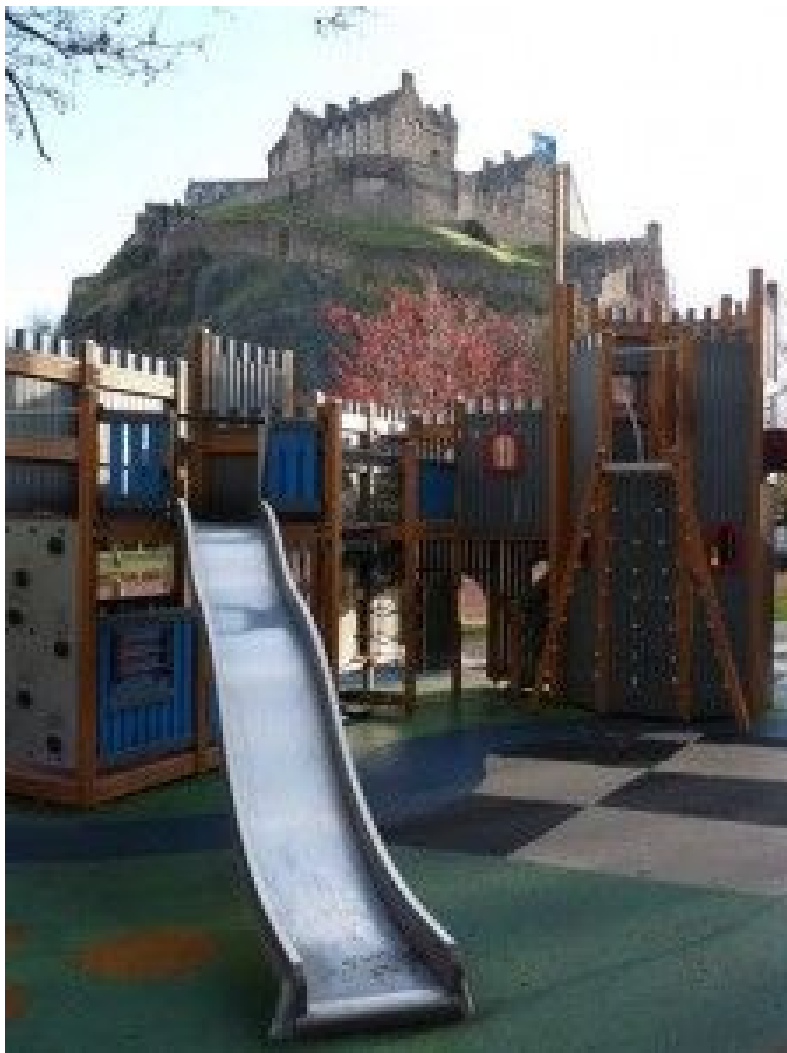
# ASN Leisure Opportunities

## Edinburgh

## Summer 2019

collated by Tailor Ed Foundation

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## Important information

We have produced this booklet as a guide to help you plan and enjoy your summer. The information provided is to be used at your discretion. We cannot guarantee that the events listed will be accessible to your family's needs. While the venues will have made certain adjustments to make their events more accessible, this will not necessarily include everyone or meet everyone's specific needs. We'd encourage you to get in touch with the event provider if you're not sure it will be right for your family. This booklet isn't an exhaustive list and we welcome suggestions of additions that we can make to our online version.

The information provided in this booklet was accurate at the time of printing (June 2019) and we are not responsible for any date or time changes. We have included links and contact information for each event so that you can double-check their accuracy nearer the time.

*If you're an event organiser and would like to make your experience more inclusive feel free to get in touch to discuss it with us.*

## **ASN Events Explained**

### **Why ASN?**

Simply put ASN means Additional Support Needs and refers to anyone who has more or different needs beyond what is generally provided for. This can include children with autism.

What is interesting and motivating at an event may be different for a child with autism and influence how they want to engage with and enjoy a leisure experience. Understanding what's going on in busy public places and communicating with unfamiliar people can also be a challenge for those with communication difficulties. Successful outings also tend to rely on some everyday skills such as waiting and sitting still which can be hard for a child with autism. Many people with autism also process sensory information differently. Any of the senses may be affected, and in different ways depending on the circumstance. Often environments where events are held are busy and noisy and so can feel overwhelming. Because of all these things children with autism may need those organizing events to make some simple adjustments so that they can access activities.

### **What can I expect at an ASN friendly event?**

There are many different ways a leisure activity can be made friendlier for those with Additional Support Needs and what is offered will depend on the specific activity. Often it includes low level lighting, reduced noise, minimized numbers in attendance, preparatory material such as maps of the venue, details of what to expect during the event and visual aids. Some places provide pre-prepared social stories, sensory backpacks and quiet spaces. Different venues/events will be able to make different types of accommodation and each child will have their own specific needs to be met. We hope that by providing a listing of the opportunities around this summer, you'll be able to find some things that are the right fit for your family.

## **What can I do/ask for when attending any leisure activity?**

ASN friendly events are really helpful but please don't feel limited to those activities which specifically call themselves that. We've worked with lots of families on getting out and enjoying leisure activities in their community. Below are some useful things to think about to help make any outing a success.

### **Planning**

Pop along to the venue yourself if possible to scope it out, use Google maps, ask online networks how other families have found it. Knowing what to expect can help predict the challenges and solutions. Some children will benefit from seeing where they're going ahead of time too.

### **Think what might help**

It can be hard to identify what can help and it can require a bit of thinking outside the box. Things we've found to make a big difference include eliminating/minimising queuing and waiting, having your own familiar things with you and knowing that you can bend some social rules if needs be, such as leaving for a short break during a performance.

### **Just ask**

If you think you've come up with something that could help don't assume it can't be done. Lots of venues want to be more inclusive, they just don't know how. You'll be giving them ideas that could benefit others too. It may not always be possible but it's worth asking. We're happy to make enquiries on behalf of families too if that's helpful.

## **Lothian Autistic Society Summer Holiday Programme**

### **SPACES AVAILABLE AT DATE OF PRINTING (June 2019)**

**\*\*Some spaces are still remaining for 11-17year olds with a diagnosis of autism or with similar support needs, on the Lothian Autistic Society holiday programme running from Monday 8th- Thursday 11th July.\*\***

The young people attending will be encouraged to participate in a wide range of outdoor activities with support of Scottish Outdoor Education staff such as Archery, crate climbing and tree climbing. The programme is free and transport will be available from a pick-up point.

**To find out more and to book a place please contact [office@lothianautistic.org](mailto:office@lothianautistic.org)**

### **What is The Holiday Activity Programme?**

The Holiday Activity Programme comprises of a variety of coordinated activities which combine the Society's successful Basecamp2 and Branch Out programmes. The Holiday Activity Programme is run in accordance with the Care Inspectorate and Scottish Social Services Council. You can find links to the most up to date Care Inspectorate reports online.

During the Summer holidays we will continue with the Branch Out programme, culminating with a residential experience, covering up to three nights Monday to Wednesday in the third week. Families are invited to visit on the last day to see what their child has achieved.

The final week will coincide with the start of the Edinburgh Festivals. This will allow the young people to explore what the Fringe has to offer individually or in groups, supported by project staff but determined by the young people.

### **Who is the Holiday Activity Programme for?**

The Edinburgh Holiday Activity Programme is for young people of high school age with a diagnosis of autism or with similar support needs. To get the most out of the programme we believe people will benefit from attending all or most of the weeks provided, priority will therefore be given to people who can commit to all or most of the programme.

### **Where is the Holiday Activity Programme held?**

The programme will have a central hub location confirmed at the start of each programme week.

### **What is the cost?**

All enquiries about the programme should be directed to our office.

### **How can I get my child involved?**

If you are interested in Holiday Activity Programme or would like further information please contact the office on 0131 661 3834 or via email: [office@lothianautistic.org](mailto:office@lothianautistic.org)

## Autism Friendly Cinema Screenings

Throughout the year, cinemas such as Odeon, Cineworld and Vue hold special screenings.

### What is an Autism Friendly screening?

You'll find that lights will remain on, but low and volumes are at a much better/lower level. You can move around the cinema and bring your own food and drink. There are no trailers and tickets tend to be discounted.

### Autism Friendly Cinema Screenings this summer

Some screenings already advertised:

**Vue in the Omni Centre, Sunday 30th of June 10:15 - 11: 50 am, Peppa Pig Festival of Fun**

**Cineworld Edinburgh Cinema (in Fountain Park), Sunday 7th July at 11am, Toy Story 4**



For more dates see

<https://www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/>

Also note that there is free entry to any carers that are accompanying anyone with a disability with a CEA Card. To apply for a CEA card, visit [www.ceacard.co.uk](http://www.ceacard.co.uk)





## ASN Swim Classes



ASN swim classes are available across a variety of Edinburgh leisure pools in the city. Pools that provide ASN classes for beginners to intermediate are:

**Ainslie Park**

**Drumbrae Leisure Centre**

**Glenogle Swim Centre**

**Gracemount Leisure Centre**

**Portobello Swim Centre**

**Queensferry High Recreation Centre**

**Royal Commonwealth Pool**

**Warrender Swim Centre**

For more information, bookings and times for the closest classes in your area please visit the website

<https://www.edinburghleisure.co.uk/courses/activity/swimming>



## ASN Summer Events

### The Saturday Family ASN Drop In

**Northfield and Willowbrae Community Centre, 10 Northfield Road**

**Saturday 29th June 2-4pm, then closed for two weeks restarting 20th July- 28th September**

**For more information contact Liz, Lifelong Learning Development Officer on 0131 661 5723**

Free fun packed drop in activity sessions for children with Additional Support Needs aged 0-18yrs, their parents and siblings. Parents can meet other parents and sometimes hear from guest speakers, while their children take part in activities and leisure opportunities run by experienced youth and children's workers in a relaxed environment. Health snack and refreshments provided.

### Inspiring Disabilities

**Jack Kane Community Centre, 208 Niddrie Mains Road**

**Each Saturday, 10am-12pm**

**Tel: 0131 657 1595 for more information or if attending the first time.**

Free activity sessions for children with additional support needs of all ages and their parents/carers and siblings.

### The Yard

**22 Eyre Place Lane, EH3 5EH**

**See <https://www.theyardscotland.org.uk/blog/summer-holiday-opening-hours-2019>**

**The Yard will be closed 14th-23rd August for maintenance**

**For more information Tel: 0131 476 4506 or email: [info@theyardscotland.org.uk](mailto:info@theyardscotland.org.uk)**

Offers disabled children/young people, and their siblings, the chance to experience creative, adventurous indoor and outdoor play in a well-supported environment. Family sessions are running for members on Mon-Sat throughout the holidays. Informal play sessions for 0-5year olds will run Mon-Sat 10-11.30am. New members are welcome at any family session for their first free taster visit with no booking necessary. Any child with a disability can become a member, giving access to the whole family.



## Lothian Autistic Society Family Activity Days

Families with a child with autism can attend Lothian Autistic Family Activity days

Limited spaces are remaining on

**Tue 9th July 12pm Dynamic Earth**

**Thu 11th July 11am Ryze Trampoline Park**

**Tue 16th July Museum of Flight**

**Thu 18th July 1pm Scottish Owl Centre**

**For more information or to book contact [office@lothianautistic.org](mailto:office@lothianautistic.org)**

Places are limited and are free but due to bookings not maintained on previous outings a £25 deposit per family will be required to be paid when booking, this will be refunded after the event.

## Jump In Trampoline Park ASN 'Relaxed' Sessions

**Unit 11, Newhailes Industrial Estate, Newhailes Rd, Musselburgh EH21 6SY**

**Every Wednesday at 5pm, £7 for a 2hour session**

**<https://www.gojumpin.com/locations/edinburgh> or call 01926 356290 for more information and to book.**

Parents/carers can accompany their children free of charge. These sessions are designed specifically for children with additional support needs and their families to enjoy!



## Gravity Trampoline Park, Fountainpark

**6 Fountainpark, 130 Dundee Street, EH11 1AF**

**Mon 6-7pm, Sat 10-11am Thu 12.30-1.30pm from 15th August. £5 per person.**

**Visit [www.gravity-uk.com/fountain-park-edinburgh](http://www.gravity-uk.com/fountain-park-edinburgh) or call 0330 159 5815 for more information and to book.**

Tailored Disability Sessions with specially trained marshals offering a completely dedicated yet fun environment focused on sensory engagement, offering therapeutic exercise to participants.

## **Tumbles Soft Play ASN sessions, Portobello**

**20 Westbank Street, Edinburgh, EH15 1DR**

**Every Saturday from 5:30- 6:30pm.**

**Tel: 0131 669 0878 for more information**

**<https://www.edinburghleisure.co.uk/news/asn-tumbles>**

Siblings without additional support needs are very welcome to attend the sessions too. Sessions are free for children aged 0-6 months; £1.50 for children aged 6-12months, £3.50 for children aged 1-2years old, £5.50 for children aged 3years and older. If you would like to talk through your access requirements please contact [tommygeorge@edinburghleisure.co.uk](mailto:tommygeorge@edinburghleisure.co.uk) in advance of the session to discuss attendance.

## **Tailor Ed Autism Friendly Play Session at Time Twisters**

**Time Twisters, Unit 5, Catalyst Park, 2B Bankhead Drive, EH11 4EJ.**

**Wednesday June 26<sup>th</sup>, 31st of July, 28th August from 4pm-6pm.**

**Email [contact@tailoredfoundation.co.uk](mailto:contact@tailoredfoundation.co.uk) with any queries.**

£2 per child (adults enter for free). Open to all children with ASN with their siblings and friends. Sessions are closed to the general public. A member of Tailor Ed staff will be present at these sessions running group games for those who wish to take part.



## **Summer Sports Activities for young people with Autism-Team United Sports**

**Dalkeith School Campus**

**2nd, 3rd and 4th July - Ages 6-9years 10-11.30am, 10-16years 12.30-2.30pm. Book one, two or all three dates, £5 per day.**

**For more information or to register a space contact [admin@teamunited.org.uk](mailto:admin@teamunited.org.uk)**

Run by experienced staff, this programme is not suitable for young people who require one to one support or have personal care needs.

**[www.team-united.org.uk](http://www.team-united.org.uk)**

## Play Together on Pedals

**Bangholm Outdoor Centre, 23 Craighall Gardens, EH64RJ**

**Sunday 21st July - Autism Friendly and 6 years plus session**

**Book online at [www.playonpedals.scot](http://www.playonpedals.scot) or email [angie.kinghorn@cyclinguk.org](mailto:angie.kinghorn@cyclinguk.org)**

Free drop in cycling sessions for children, bikes and helmets provided with experienced instructors on hand to help your child to gain the skills and confidence to ride a bike.

## Edinburgh Inclusive Dance Classes

**Edinburgh Dance Academy, 193-195 St John's Road, EH12 7SL**

**Weekly classes return on Saturday 10th August, from 3pm - 3.45pm.**

**Email [hello@eda.scot](mailto:hello@eda.scot) or call 0131 334 4299**

Suitable for Edinburgh pupils aged 10-16years with additional support needs. First trial session free. Cost for 9week term is £58.50, discounts or payment plans may be available for low income families. Limited places.

## Activities at The National Portrait Gallery

**1 Queen Street, EH21JD**

**Sunday 30 June, 9-10am (Maps and travel theme)**

**To book please contact 0131 624 6428 or email [AMurray@nationalgalleries.org](mailto:AMurray@nationalgalleries.org)**

Autism friendly early opening. All Ages FREE. Free, supported, early opening sessions for children up to 12 years who have autism and their families. Families can enjoy a quiet space to settle in and return to, an opportunity to handle materials, explore sensory creative activities and visit exhibitions with experienced, welcoming guides. Pre-visit information, including sensory stories, photos and what to expect are available. Numbers very limited, booking essential.

## Play Sense Create

**WHALE Arts, 30 Westburn Grove, EH14 2SA,**

**To book call 0131 458 3267, email: [play-sense-create@whalearts.co.uk](mailto:play-sense-create@whalearts.co.uk)**

Exciting Free Arts programme for children with Additional Support Needs/ Disabilities 6-16years and their families. Featuring dance, music, art, drama and more! Some sessions are quiet sessions to accommodate individual needs which will be limited to a smaller group. [www.whalearts.co.uk](http://www.whalearts.co.uk)

**Tuesday 2nd July 10.30am-12.30pm African Drumming**

**Friday 5th July 10.30am-12.30pm - Quiet session - Makey makey – Musical Fruit Making**

**Friday 12th July 10.30am-12.30pm Makey makey – Musical Fruit Making**

**Wed 17th July 10.30am-12.30pm Soundplay Dome**

**Tue 23rd July 10.30am-12.30pm- Quiet session- Vocalist and Cello**

**Fri 26th July 10.30am-12.30pm- Quiet session Vocalist and Cello**

**Fri 2nd August 10.30am-12.30pm, Stripy Nest- Making play nests**





**July - August 2019**

**WHALEARTS**

WHALE Arts Agency is a company limited by guarantee (SC180118) with charitable status (SC020305)

#### HOW TO FIND US

To book your session:  
Come and see us at:  
WHALE Arts Centre  
30 Westburn Grove  
Edinburgh, EH14 2SA

Or contact us:  
T: 0131 458 3267  
E: [info@whalearts.co.uk](mailto:info@whalearts.co.uk)  
W: [www.whalearts.co.uk](http://www.whalearts.co.uk)

Supported by:  
City of Edinburgh Council Children  
in Need, RS Macdonald

Delivered in partnership with:



f : WHALE Arts Agency  
t : WHALE Arts  
i : WHALE Arts

#### WHAT IS WHALE ARTS?

The cultural anchor organisation for Wester Hailes, WHALE Arts' mission is to be the creative heart of a vibrant, thriving community. As a community-led arts charity and social enterprise, WHALE delivers projects, programmes and events, and connects our community.



**WALK:** 5 min walk from Westside Plaza, Healthy Living Centre & Library.

**BUS:** Lothian 33 to door. 3, 18, 21, 30 to Westside Plaza and 5 min walk.

**BIKE:** 2 min from Union Canal towpath. Bike storage available.

**CAR:** Minutes from City Bypass (Baberton or Sighthill), Calder Rd. & Lanark Rd.

#### Early years

Sensory play with: Sound dome - a multi-sensory audio visual pop-up space that uses music, animation and interactive technology so users can explore, create and communicate through music, movement and play; Stripy Nest - fun, creative art installation and activities; build a cardboard city!

#### 6 - 16

Circus school: a 3-day course where you can learn some amazing skills and create a show for friends and family. Plus Star Wars figurine making, Harry Potter wands and potion making, slime sessions, space inspired arts and even trips to the Gallery of Modern Art and Festival Fringe Circus show. You decide sessions - we have a massive range of materials and artist makers to work with you on your own project, do your favourite activity, try something new or come up with something we have never done before! And finally - complete your own skyscraper. Construct and play in the perfect cardboard city...before crushing it like Godzilla!

#### 10+

Sessions include 3D printing and design, model-making skills creating cauldron shops and more scenes from Harry Potters Diagon Alley. Glow up! Develop your talents as a MUA with our creative make up and photo shoot session.

#### Families

Edinburgh Art Festival Workshops will explore the Edinburgh Art Festival theme: "Stories for an uncertain world", linking to exhibitions around the city and creating small and large scale artwork. Activities will include collage, drawing, light projection, zine making and animation, and a trip. Bring your cardboard and boxes and help us build our Cardboard city - and then play in it!

The Edinburgh Science busking bikes are bringing excitement, explosions and plenty of experiments for you to explore, possibly get hands on with and even some which you can try at home.

#### 40x40

A project for young people aged 10+ with additional support needs/disabilities and their families. Come along and join our friendly sessions exploring drawing, making, photography and co-design a session. Using your choice of materials and inspiration, create artwork for our 40x40 exhibition.

#### Play, Sense, Create

Multi-arts project for primary aged young people with additional support needs/disabilities and their families. Summer sessions feature music with singer Jess Abrams and drumming sessions (quiet sessions offered for those who experience sensory overload), Stripy Nest - a fun, creative art installation. Sound dome - a multi-sensory audio-visual pop-up space that uses music, animation and interactive technology so users can explore, create and communicate through music, movement and play. Make your own orchestra/sound track using clever technology and fruit.

Booking: contact Play Sense Create Project Co-ordinator Kirstin at [play-sense-create@whalearts.co.uk](mailto:play-sense-create@whalearts.co.uk)

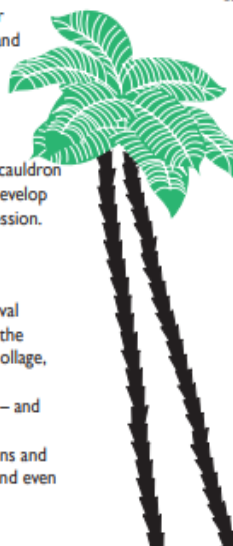
#### Exhibitions

See what our smARTies and Street Arts groups have been up to in our summer exhibition! Come and explore the interactive maps of Wester Hailes created by the children of Canal View, Clovenstone and Sighthill primary schools. Created with Dr. Tom Flint and Tanis Grandison of Napier University, the maps combine technology, art and storytelling to bring to life the experiences of local children and the place they live in. Exhibitions are held on 12, 13 August.

#### Edinburgh Festivals

We are partnering with the Edinburgh Festival Fringe and Edinburgh International Festival to bring you FREE tickets and travel to shows! We will have drop-in sessions to help you book and choose what to see. Check out our website and Facebook page for info and updates.

**Turn over for times, dates & info.**



## ASN Festival Events

### Relaxed Performances

Check the fringe website for specific details of children's shows described as 'relaxed'

[https://tickets.edfringe.com/whats-](https://tickets.edfringe.com/whats-on#fq=relaxed)

[on#fq=relaxed](https://tickets.edfringe.com/whats-on#fq=relaxed) [performance%3Atrue&fq=category%3A\(%22Children's%20Shows%22\)&q=%3A\\*](https://tickets.edfringe.com/whats-on#fq=category%3A(%22Children's%20Shows%22)&q=%3A*)

Unless otherwise stated in the show content warnings, relaxed performances will not feature total audience black out, flashing lights/strobed lighting, loud/repetitive/high pitched/unexpected or overlapping sound, distinctive smells, special effects (e.g. smoke/bubbles/pyrotechnics), latex balloons, characters expressing anger, heavily dialogue-driven scenes. A selection of shows meeting these criteria is listed on the following pages.

### Sensory Backpacks

Sensory Backpacks are available for children and adults with Autism to borrow free of charge. Backpacks contain fidget toy, earplugs or ear defenders, a photo story describing the Virgin Money Street Events and a list of relaxed performances at the Fringe. Small backpacks also include a soft toy. For more information see <https://tickets.edfringe.com/box-office/accessibility#backpacks>

### Edinburgh International Book Festival ASN Events

There are some accessible events for children with additional needs running in the festival. For more information visit <https://www.edbookfest.co.uk/the-festival/whats-on/learning-disability-friendly>

Please see their website for accessibility information (they have ear defenders to borrow at reception): <https://www.edbookfest.co.uk/visiting-the-festival/access>

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#### Sensory Storytelling Spectacular »

ALL AGES

Wednesday 21 August 11:00 - 16:30

Drop in and join storyteller Ailie Finlay and friends for fun, inclusive sensory stories and games. Expect lots of interactivity, with props to squish, shake and rattle! This sensory drop-in event has been designed for children with additional needs,...

LD



#### Unique Perspectives with Mel Darbon »

AGE 14+

Saturday 24 August 18:30 - 19:30

Rosie loves Jack and Jack loves Rosie. When they're separated, Rosie goes on a journey to find him that would be difficult for anyone, let alone a girl with Down's Syndrome. Mel Darbon introduces you to her stunning, timely story told from a unique...

[Buy Tickets »](#)



## Double Bubble Trouble

### Children's Shows



- [Sweet Grassmarket](#)
- ⌚ 13:30
- ⌚ 50 minutes
- **Suitability:** 0+ (0 and older)
- **Group:** Act Up

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## Girl Scouts vs Aliens

### Children's Shows



- [Assembly George Square Studios](#)
- ⌚ 12:10
- ⌚ 1 hour
- **Suitability:** 8+ (7-13)
- **Group:** Escapade Productions

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## Jo Jingles – Jo Tours Bonnie Scotland

### Children's Shows



- [Murrayfield Parish Church Centre](#)
- ⌚ Times vary. Click 'Dates, times and prices' to view the calendar
- ⌚ 50 minutes
- **Suitability:** 0+ (0-6)
- **Group:** Jo Jingles

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## Moon Dragon for 5 and Under

### Children's Shows

- 📍 [Pleasance Courtyard](#)
- 🕒 10:00
- 🕒 45 minutes
- 👤 **Suitability:** 0+ (1-5)
- 👥 **Group:** Moon Dragon

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## Ned and the Whale

### Children's Shows



- 📍 [theSpace @ Symposium Hall](#)
- 🕒 Times vary. Click 'Dates, times and prices' to view the calendar
- 🕒 45 minutes
- 👤 **Suitability:** 3+ (3 and older)
- 👥 **Group:** Flossy and Boo

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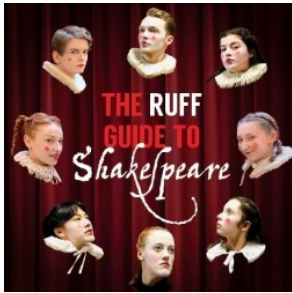


## One Duck Down

### Children's Shows

- 📍 [Pleasance Courtyard](#)
- 🕒 10:30
- 🕒 1 hour
- 👤 **Suitability:** 3+ (3-12)
- 👥 **Group:** FacePlant Theatre

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## Ruff Guide to Shakespeare

### Children's Shows



- [Assembly George Square Studios](#) • ⌚ 11:00
- ⌚ 1 hour
- **Suitability:** 5+ (5 and older)
- **Group:** Take Thou That

M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	01	02	03	04	05	06	07	08	09	10	11
12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	01							



## Sail Away!

### Children's Shows



- [Stockbridge Church](#)
- ⌚ Times vary. Click 'Dates, times and prices' to view the calendar
- ⌚ 35 minutes
- **Suitability:** 0+ (0-5)
- **Group:** Recitals for Wrigglers

M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	01	02	03	04	05	06	07	08	09	10	11
12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	01							



## Slime

### Children's Shows





- [Pleasance Pop-Up: Central Library](#)
- ⌚ 11:15
- ⌚ 1 hour
- **Suitability:** 0+ (2-5)
- **Group:** The Herd and Absolutely Cultured

M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	01	02	03	04	05	06	07	08	09	10	11
12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	01							



## Soundplay Dome

### Children's Shows





-  [City Art Centre](#)
-  50 minutes
-  **Group:** Soundplay Projects
-  11:00, 12:00, 14:00, 15:00, 16:00
- **Suitability:** 0+ (0-12)

M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	01	02	03	04	05	06	07	08	09	10	11
12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	01							



## Sparkle

### Children's Shows

-  [Summerhall](#)
-  40 minutes
-  **Group:** Annie Cusick Wood, Honolulu Theatre Production supported by Catherine Wheels
-  10:20
- **Suitability:** 3+ (1-8)



M	T	W	T	F	S	S	M	T	W	T	F	S	S
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12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	01							



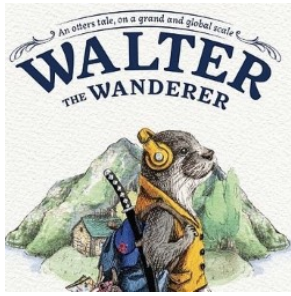
## Treasure Island

### Children's Shows

-  [Gilded Balloon Teviot](#)
-  1 hour
-  **Group:** Mis-Shapen Chaos
-  11:00
- **Suitability:** 5+ (4 and older)



M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	01	02	03	04	05	06	07	08	09	10	11
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26	27	28	29	30	31	01							



## Walter the Wanderer, Book Reading and Colour-Along

### Children's Shows

- [PBH's Free Fringe @ Natural Food Kafe](#)
- [Clock](#) 11:50
- [Clock](#) 1 hour
- **Suitability:** 3+ (4-8)
- **Group:** Walter Michael DeForest, TellMeMore Ventures LLC / PBH's Free Fringe

M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	01	02	03	04	05	06	07	08	09	10	11
12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	01							



## Window

### Children's Shows



- [Paradise in Augustines](#)
- [Clock](#) 10:00
- [Clock](#) 1 hour
- **Suitability:** 0+ (0 and older)
- **Group:** Embractive

M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	01	02	03	04	05	06	07	08	09	10	11
12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	01							



## Wriggle Around the World

### Children's Shows



- [Stockbridge Church](#)
- [Clock](#) Times vary. Click 'Dates, times and prices' to view the calendar
- [Clock](#) 35 minutes
- **Suitability:** 0+ (0-5)
- **Group:** Recitals for Wrigglers

M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	01	02	03	04	05	06	07	08	09	10	11
12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	01							

## Not specifically ASN but maybe of interest

### Gorgie City Farm – Farmers Helpers and Animal Crackers experiences

#### Range of days available

To book a place and for more information visit their booking page at <https://www.gorgiecityfarm.org.uk/bookings>

Gorgie City Farm is a charity based on Gorgie that offers children an opportunity to learn and interact with farm animals. In the summer Gorgie City farms will hold two different classes: Farmer's Helpers and Animal Crackers.

Farmer's helpers - £12 per session

Looking for something fun to do in the holidays? Farmer's Helpers is our holiday programme for young people aged 8-13 which runs on weekdays throughout the school holidays, 10.00am to 12.30pm. Farmer's Helpers do real jobs across the farm such as gardening, mucking out stables, painting, feeding animals and grooming our goats. Being a Farmer's Helper can be hard work but also lots of fun! Book for just one session – or the whole week.

Animal crackers - £6 per session

Are you crackers about animals? Would you like to get to know our farm animals and pets up close? Animal crackers is our new 1-hour holiday session for 5-7 year olds, from 2.00 to 3.00pm. Children will have the chance to stroke and handle animals and find out about how to look after them. Parents can leave their children for the hour or join in if they wish.

### Smart Play Network – Ranger services

Magdalene and Bingham

Weekly

[playrangers@smartplaynetwork.org](mailto:playrangers@smartplaynetwork.org)

These are free fun outdoor drop in sessions most suited to primary aged children, families are welcome to stay and play and enjoy games, construction tasks, messy and scrap play, all resources and support provided by play rangers. All of our activities are inclusive, although some will require adult support. Please note that these are not childcare sessions and our Play Rangers will ask for adults to stay if they do not believe they can meet the needs of a child within a group environment. If children attend it is on the understanding that they are free to leave if they choose to.

Accessibility: The park area at Bingham is not as accessible as the ground can become very muddy so not ideal for those with mobility difficulties. Brunstane Primary school grounds are accessible and a mix of paved and grass areas.

Every Tuesday 3.15- 5.15pm Bingham Park,

Every Wednesday 3-5pm Brunstane School grounds,

Every Friday 12.15- 2.15 Brunstane School grounds, 3- 5pm Bingham Park

End of term FREE Playday, Friday 28th June, 12-3pm, Brunstane School grounds.

Open to primary age children and their families. Lots of extra activities - petting zoo, cycling instruction, face painting, fire engine, minibeast hunt and refreshments.

## Smart Play Network – Play Plus Toy Library Summer Sessions

Inch House Community Centre, 225 Gilmerton Road, EH16 5UF

Tuesdays 10am-1pm, on the 16th, 23rd, 30th July and 6th August

[playplus@smartplaynetwork.org](mailto:playplus@smartplaynetwork.org) or Tel 0131 664 4710

Summer themed play sessions including indoor and outdoor play. Target to families with children under 5 years, older siblings welcome. An annual membership of £4 allows families to borrow a wide range of toys, as well as stay and play at the sessions.

Accessibility: Inch House is an accessible building and our Toy Library room is on the ground floor. We use flat paved and grassy areas for outdoor play. Our team have experience in supporting children with additional support needs and this is a great opportunity for families to try out new toys and activities with their children.



## Dr Bell's

Dr Bell's: 15 Junction Place, Edinburgh, EH6 5JA

0131 553 0100 or visit their website at [www.drbells.co.uk](http://www.drbells.co.uk)

Dr Bell's is an Early Years Family Centre that supports vulnerable families who have a child under 5 and live in Leith area.

Wednesday 3rd July – Art museum tour

Thursday 4th July – Botany Bookbug Picnic

Tuesday 9th July Botany – Meet the edible garden team

Wednesday 10th July – National Museum of Scotland

Thursday 11th July – Edinburgh Castle

Wednesday 7th August – Botany Bookbug and Painting Competition

Thursday 8th August – Almond Vale Family Park

Friday 8th August – Summer Party and BBQ

## Discover! Summer

**Tuesdays, Wednesdays and Thursdays, 10am-2.30pm each week from the 2nd of July- 8th August at a local hub in each part of the city.**

**Contact [discover@edinburgh.gov.uk](mailto:discover@edinburgh.gov.uk) or [molly.page@edinburgh.gov.uk](mailto:molly.page@edinburgh.gov.uk)**

Free provision for primary age children and their parents and carers to help ease financial pressure and keep children engaged over the holidays. Families can take part in a range of activities which include storytelling, music activities, sports, games, fun visiting workshops and weekly trips. Breakfast and lunch are provided and transport available. Access to a range of support and advice services will also be available. Families should register their interest with their school or support worker and check if they would be eligible.

## North Edinburgh Arts

**15a Pennywell Court, EH4 4TZ**

**Open Monday to Friday all day, plus regular evenings and Saturday mornings for events and workshops.**

**Telephone: 0131 315 2151 or Email: [admin@northedinburgharts.co.uk](mailto:admin@northedinburgharts.co.uk)**

North Edinburgh Arts offers local residents a place to relax, explore, learn, meet, share, volunteer and have fun in. Last year over 34,000 visits were made to the venue that 'floats like a bright bubble behind the Muirhouse shopping centre' (STV Local). Over 30 hours of creative workshops are on offer each week, most with a family focus, alongside a wide range of other events to include exhibitions, dance shows, circus skills workshops, community theatre, poetry readings and film clubs. See their extensive listing of events here:

<https://northedinburgharts.co.uk/whats-on/spring-summer-2019/>

## Multicultural Family Base

**50 Coburg St, Edinburgh EH6 6HE**

**[Kate.mcevoy@mcfb.org.uk](mailto:Kate.mcevoy@mcfb.org.uk) or 0131 467 7052**

**Summer outings on the 16th of July, 30th of July, 5th of August**

Multicultural Family Base is an organisation for BME families who live in Edinburgh and their children. MCFB organises family and children's groups for different ages during school term. During the summer MCFB three big outings for the families who have a referral with the organisation. Please come and join us for a fun filled day at some of the most beautiful parks around the city. There will be BBQ, Games, Pond Dipping, Ranger Talks and much more.





## SCOREscotland

See flyers below

To book please contact SCOREscotland on 0131 442 2341


Score Scotland is an organisation that supports BME families and children based in Wester Hailes with a mission to work in partnership with others to address the causes and effects of racism and to promote race equality. Score Scotland is organising many activities during the summer holidays.

### Monday 8th July - Thursday 8th August

Mon 8th Filming & Editing with Film Edinburgh @ WHALE Arts Centre	Tues 9th	Wed 10th	Thu 11th	Fri 12th Activity Day
Mon 15th Canoe	Tues 16th Canoe & Cycle	Wed 17th Family Art Trip	Thu 18th Activity Day	Fri 19th
Mon 22nd	Tues 23rd	Wed 24th Family Beach Trip	Thu 25th	Fri 26th
Mon 29th	Tues 30th Kayaking	Wed 31st	Thu 1st Canal Boat Trip	Fri 2nd
Mon 8th Fringe Festival	Tues 6th	Wed 7th	Thu 8th Fringe Festival	Fri 9th

**Text 07504826683**  
To book your place  
For more information contact  
**SCOREscotland on 0131 442 2341**

Strengthening Communities for Race Equality Scotland


 **SCOREscotland**  
breaking barriers, changing lives

### 15th of July- 9th August


Mon 15th Canoe	Tues 16th	Wed 17th Family Art Trip	Thu 18th	Fri 19th Canal Boat Trip
Mon 22nd Swimming Lessons	Tues 23rd Swimming Lessons	Wed 24th Family Beach Trip	Thu 25th Swimming Lessons	Fri 26th Swimming Lessons
Mon 29th Kayak	Tues 30th	Wed 31st	Thu 1st	Fri 2nd Activity Day
Mon 8th Fringe Festival	Tues 6th	Wed 7th	Thu 8th	Fri 9th Fringe Festival


**Text 07504826683**  
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Strengthening Communities for Race Equality Scotland


 **SCOREscotland**  
breaking barriers, changing lives


## Summer with SCOREscotland

  
Kayaking

  
Swimming Week


  
Fringe Week


  
Cycling


  
Filming Editing Week


**Knots and Crosses Youth Club**  
11-16 yrs old 10am-4pm  
in Wester Hailes


## Summer with SCOREscotland

  
Kayaking

  
Swimming Week

  
Fringe Week

  
Outdoors Activities

  
Drama & Music

**Knots and Crosses Children's Club**  
7-10 yrs old 10am-4pm  
in Wester Hailes



## Carer Discounts for Days Out

**All of the those listed below offer free entry for carers.**

Edinburgh Castle – Carer goes free. <https://www.edinburghcastle.scot/>

Edinburgh International Climbing Centre – discounts available.  
<https://www.edinburghleisure.co.uk/venues/edinburgh-international-climbing-arena>

Edinburgh Zoo – Carer goes free. <https://www.edinburghzoo.org.uk/>

Volcano Falls Adventure Golf – Carer goes free. <http://www.volcanofalls.co.uk/>

Deep Sea World – Carer goes free. <https://www.deepseaworld.com/>

Bo'ness and Kinneil Railway – Carer goes free. <https://www.bkrailway.co.uk/>

Dynamic Earth – Carer goes free. <https://www.dynamicearth.co.uk/>

Camera Obscura – Carer goes free. <https://www.camera-obscura.co.uk/>

Conifox Adventure Park – Carer goes free. <https://www.conifox.co.uk/>

Edinburgh Festival Fringe – see box office for discounts. <https://tickets.edfringe.com>

Edinburgh Tattoo - Carer goes free. <https://www.edintattoo.co.uk/>

Butterfly World – Carer goes free. <https://www.butterflyworld.com/>

Holyrood Palace – Carer goes free. <https://www.royalcollection.org.uk/visit/palace-of-holyroodhouse>

## Support for parents

### LCiL Parent and Carer Peer Support Group

Norton Park Centre, 57 Albion Road, Edinburgh, EH7 5QY

Next session Thursday 27th June

Alternating Mondays and Thursdays once per month 10.30am- 1.30pm, lunch 12.30pm

Contact 0131 475 2350 [lisa.milburn@lothiancil.org.uk](mailto:lisa.milburn@lothiancil.org.uk)

The Lothian Centre for Inclusive Living (LCiL) facilitates a peer support group for parents and carers of children and young people who are disabled or have additional support needs. The group allows parents and carers to share experiences, support each other and participate in discussion topics. Creche provided. [www.lothiancil.org.uk](http://www.lothiancil.org.uk)

### VOCAL Support for Carers

VOCAL Carers Café, 60 Leith Walk, EH6 5HB.

Support available for carers 9am to 5pm.

Tel: 0131 622 6666

Email [centre@vocal.org.uk](mailto:centre@vocal.org.uk)

<https://www.vocal.org.uk/carer-support/care-for-yourself>

## Better Breaks Flexible Respite

### What is Better Breaks Respite?

Better Breaks Respite is a flexible respite scheme delivered in partnership with VOCAL Carers Centre. The aims of the respite scheme are to increase the number of breaks available to parents and carers of children and young people with additional needs. Applications for flexible respite is open to all children with additional needs, not just those with an autism diagnosis. Flexible respite allows parents and carers to select the time, duration and location of respite

### How does it work?

- Submit an application and participation agreement to VOCAL's Grants Panel.
- If the Grants Panel decides to approve your application you will receive a written confirmation of the hours of respite you have been awarded.
- Lothian Autistic Society will set up a meeting to arrange completion of a child profile and a full set of terms and conditions which you must read and adhere to.
- Lothian Autistic Society will then provide a fully trained and experienced support worker to support your child.
- Parents liaise directly with carers to arrange respite at a time that suits them.
- Lothian Autistic Society will then support your child on their desired activity. Suggested activities include swimming, cinema, bowling, parks and farms.

Full information on this opportunity, including application forms and guidance notes, are available via VOCAL.

## About Tailor Ed Foundation

Tailor Ed is a small independent charity that supports families who have a child with autism, up to 16 years of age within the city of Edinburgh. Our wish is to see children with autism and their families empowered and included, able to live the lives they want to and access all the day to day experiences that other families take for granted. It's with this vision in mind that we have created this listing of summer events.

We are currently open to new referrals for our Early Years Service. Children living in the city with a diagnosis of autism beginning their pre-school year in August 2019 are eligible. Please see here for further information:

<http://tailoredfoundation.co.uk/early-years-service/>

## Contact Us

Tailor Ed Foundation

11 Maritime Street

Edinburgh

EH6 6SB

0131 624 8970

[contact@tailoredfoundation.co.uk](mailto:contact@tailoredfoundation.co.uk)

<http://tailoredfoundation.co.uk/>

<https://www.facebook.com/tailor.ed.1/>

## Thanks

This listing was collated by Tailor Ed staff and families but with additional input from colleagues from City of Edinburgh Council, Ian Bowley, Kirsti Willis and Jillian Hart.